

P.E. – Curriculum Map

Age phase: Key stage one

Year: A and B

Theme	<u>1a</u>	<u>1b</u>	<u>2a</u>	<u>2b</u>	<u>3a</u>	<u>3b</u>
NC Objectives	participate in team games, developing simple tactics for attacking and defending	participate in team games, developing simple tactics for attacking and defending	perform dances using simple movement patterns.	perform dances using simple movement patterns.	master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities