

Dear Parents and Carers,

Glow in the Dark

Dodgeball

Nathan Keast from Primary Sports is running a 'Glow in the dark dodgeball' session on Wednesday 21st February 6:30pm– 7:30pm for children in Years 1-6.

The cost will be £7.50

To book a place, please visit:

<https://www.primary-sports.co.uk/events/2024/02/21/landscore-primary-school-glow-in-the-dark-dodgeball-february-2>

February Half Term

Landscore Playground

I am really pleased to report that we are having our outdoor classroom built over the half term break so the playground will not be fully open for people to use. Please be very aware of the work and the contractors if you do come in to use the playground at any time during the week.

Many thanks

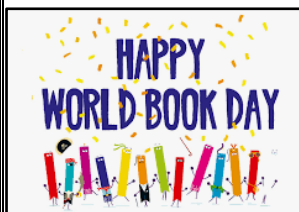
Dates for your Diary

Monday 12 th - Fri 16 th February	- Half term break
Tuesday 20 th & Wednesday 21 st February	- Headteacher Interviews
Thursday 7 th March	- World Book Day
Thursday 21 st March 3:30pm	- Easter Bingo
Wednesday 27 th March 2:00pm	- Spring Concert (Landscore Musicians)
Thursday 28 th March	- Last day of the Spring term
Monday 15 th April	- First day of the Summer term

Five Ways to Wellbeing Research shows that the Five Ways to Wellbeing can really boost our mental wellbeing as well as eating healthily and sleeping well. They are:

- **Connect** - 'connect' with people you know: family, friends and neighbours and spend time developing these relationships.
- **Be Active** - take a walk, jog or cycle or find another activity that you enjoy.
- **Keep learning** - learning new skills can give you a sense of achievement and increased confidence.
- **Give to others** - even the smallest act can count, whether it's a smile, a thank-you or a kind word.
- **Take notice** - be more aware of the present moment, including your thoughts and feelings, your body and the world around you (– put that phone down)!

Following Children's Mental Health week, it would be great if everyone could try to focus on their wellbeing, particularly during the half term break when we might have a little more time to relax and do the things we enjoy. You can read more about the Five Ways to Wellbeing on the [NHS website here](#).



World Book Day We will be celebrating World Book Day on Thursday 7th March this year. The children are invited to dress up as a book character for the day and we are running a 'design bunting for the library' competition. Children are invited to design a double sided piece of bunting inspired by their favourite book/s. There are two Bookery voucher prizes up for grabs.

We are also lucky enough to have the Bookery coming in to school on Tuesday 5th March to share some of their favourite books of the year which will then be on sale with a special World Book Day offer of 2 for £10 or £6 per book.

Half-term events at Crediton Library

Friday 9th February, 7pm-9pm: Family Friendly Games Evening

Plymouth based charity 'Character Creation Roleplay' will be running an evening of board and roleplay games. Suitable for all ages and abilities. Celebrate the beginning of half term, and enjoy a warm space with complimentary refreshments. Drop in to this free event, no booking necessary.

Monday 12th February, 10am-12pm: Author Reading and Craft

Author Tracey Norman will be reading her children's book 'Sammy's Saturday Job'. This is aimed at 3-7 year olds, and the story is about Sammy the dragon who wants to be a fire fighter. The fire crew let her help, but it doesn't go quite as planned. Following the story, there will be a dragon craft activity to celebrate Chinese New Year. This is a free event, but you will need to pre-book.

Wednesday 14th February, 10am-12pm: Make your own perfect pizza from scratch!

This is being put on by Recycle Devon and is a free family event aimed 8 years of age or older. It is requested that children are accompanied by an adult. You will need to pay £5 per child when you book the place, but this will be returned to you when you attend the event. You can book your place on: [Perfect Pizza Tickets, Wed 14 Feb 2024 at 10:00 | Eventbrite](#)

Thursday 15th February, 10am-12pm: Tiny Travels

Tiny Travels will be visiting Cridton Library again - this time bringing all things 'Asia'. There will be lots of objects children can touch and explore while they explore 'Asia'. This is a free event for children under 7 years. Spaces are limited so you need to book early to avoid disappointment.

In addition to these activities, there will be a library trail with a Chinese New Year theme. For any further information or to book a space please contact Cridton Library on 01363772578 or email crediton.library@librariesunlimited.org.uk.



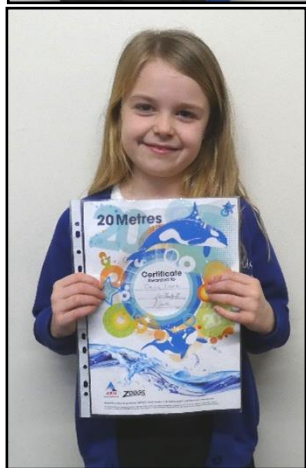
Bow Football Tournament A team of year 3 and 4 children participated in a football tournament at Bow Primary School on Monday this week. The team all played really well and Mrs T was very proud of them all. They came second overall in the tournament and only missed the winning position by 1 goal. Very well done to the whole team.



Congratulations must go to Sophia Tucker for achieving her gold award at Rainbows on Sunday. The gold award is the top award you can receive and Sophia has managed it before she officially finished at Rainbows. Well done Sophia and enjoy your next step up into Brownies.

Congratulations must also go to Olivia and Charlie Reed who have received various rosettes for their participation in the North Molton Pony Club event at the weekend. Olivia rode on Poppy and Charlie rode on Buddy and they both thoroughly enjoyed themselves. Well done you two!

Further congratulations must go to both Emily Lowe and Chloe Bee for their great swimming achievements. Emily has gained her 20 metre badge and Chloe has passed her Goldfish level 1 which is a great achievement at such a young age. Well done and keep up the great work girls.



I hope you all have a lovely half term break and I look forward to seeing you back at school on Monday 19th February.

Debbie Main