

Spring Term – First Half					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Feelings and Emotions	Feelings and Emotions	Feelings and Emotions	Feelings and Emotions	Feelings and Emotions	Feelings and Emotions
Managing difficult emotions and Jealousy	Worry Anger	Grief	Jealousy	Anger Adults' and Children's views on feelings and emotions	Worry
Children's Mental Health Week Feb	Children's Mental Health Week Feb	Children's Mental Health Week Feb	Children's Mental Health Week Feb	Children's Mental Health Week Feb	Children's Mental Health Week Feb
Spring Term – Second Half					
Keeping / Staying Healthy	Keeping / Staying Healthy	Keeping / Staying Healthy	Keeping / Staying Healthy	Keeping / Staying Healthy	Keeping / Staying Healthy
Washing Hands Fire Safety (alternate years)	Healthy Eating Brushing Teeth	Medicine	Healthy Living	Smoking Adults' and Children's views on staying healthy	Alcohol

Summer Term – First Half					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Keeping / Staying Safe	Keeping / Staying Safe	Keeping / Staying Safe	Keeping / Staying Safe	Keeping / Staying Safe	Keeping / Staying Safe
Sun Safety	Sun safety	Staying Safe	Peer Pressure	Cycle Safety	Water Safety
Road Safety	Tying Shoelaces	Leaning Out of Windows	First Aid	First Aid	First Aid
			Asthma and Anaphylactic shock	Basic Life Support	Head injuries and bleeding Burns, scalds and fractures
Summer Term – Second Half					
Being Responsible	Being Responsible	Being Responsible	Being Responsible	Being Responsible	Being Responsible
Water Spillage	Practice Makes Perfect Helping someone in need	Stealing	Coming Home on Time	Looking Out for Others Adults' and Children's views on being responsible	Stealing
			A World Without Judgement	A World Without Judgement	A World Without Judgement
			Breaking Down Barriers	Inclusion and Acceptance Adults' and Children's Views on a world without judgement	British Values